

# Dress Rehearsal/Tech Rehearsal and Performance Day

Cowell Theatre Fort Mason-2 Marina Blvd. San Francisco, CA 94109

[www.fortmason.org](http://www.fortmason.org)

## Theater Tech/Dress Rehearsal May 12<sup>th</sup> (Senior & Jr. 5B dancers will have spacing on Wed. May 11<sup>th</sup> beginning at 1:30pm)

- Dancers, please bring a healthy snack/lunch and water, non-messy, non-staining, plain water, plain granola bars, non-juicy fruit or smoothies, no chocolate. **PLEASE NO NUTS, we ask that everyone be sensitive to this request, as we have dancers with severe nut allergies.**
- Dancers should have their hair done when arriving to the theater
- No makeup will be worn for dress rehearsal for Jr. 1-4 dancers. Jr. 5 & Senior dancers should wear makeup
- No nail polish, ink or any other marks on skin
- No jewelry of any kind, unless specified by directors
- Put costumes on in the dressing rooms, not the bathroom
- No eating or drinking while in costume
- Please make sure performance shoes are clean and clearly labeled with your name
- Masks are not required

## Performance Days May 13<sup>th</sup> 14<sup>th</sup> 15<sup>th</sup>

- Dancers, please bring a healthy snack/lunch and water, non-messy, non-staining, plain water, plain granola bars, non-juicy fruit or smoothies, no chocolate. **PLEASE NO NUTS, we ask that everyone be sensitive to this request, as we have dancers with severe nut allergies.**
- **Makeup: Junior 5-Senior Dancers** - You will apply your own makeup, please come prepared.
- **Makeup: Junior 1-4 Dancers** - Please come to the theater with your makeup applied. Your parent can assist you with this if they know how to apply MDT's "basic face". Please bring your makeup clearly marked in a Ziploc bag with your dancer's first and last name. This may be used to freshen up.

### We recommend the following makeup

**Mascara:** *Maybelline Great Lash Waterproof Mascara-black*

**Eye Shadow:** *Cover Girl 4 color palette color is Coffee Shop #260 or CoverGirl #705 or Revlon Photoready color is Rustic #523. Any of these eyeshadows will work*

**Lipstick:** *Neutral lipstick "raisin" tone, no hot pink or bright red*

**Foundation:** *Maybelline FIT ME! Matte + Poreless Foundation - Medium Shades - 1.0 fl oz  
OR any type that matches your dancers natural skin tone*

**Pressed Powder:** *Powder/Foundation that matches your skin color – fair, light, medium.  
Cover Girl Advanced Radiance or Revlon Colorstay*

**Eye Liner:** *Rimmel Scandal Eyes Waterproof Gel Eyeliner-black OR  
Revlon Colorstay GEL Eyeliner-black \*Eyeliner is optional for Jr 1-3 dancers*

- **Hair**-All dancers must come to the theater with your hair done. Girls, hair is in a neat slick bun and boys with neatly combed hair
- **Backstage**-Walk quietly to the stage with the chaperone (Jr. 1-4) when it is time to go backstage. Please be conscientious and listen to any directions you are given by the chaperones or the Stage Manager
- **Dressing Room**-Hang up your costume neatly as soon as you take it off. Put it on the hanger exactly as you found it
- **Cast Party**-Advanced ticket purchase is required, tickets will not be sold at the theater. Purchase tickets at MDT's front desk. If attending the Cast Party in the lobby following Sundays 2pm performance, you must clear out the dressing rooms and backstage before heading to the cast party