Springfest 2025

Dress Rehearsal/Tech Rehearsal and Performance Day Novato High School Performing Arts Center (NHSPAC) 625 Arthur Street Novato, CA 94947

Theater Tech/Dress Rehearsals and Performance Days (please refer to theater packets for your level)

- Dancers, please bring a healthy snack/lunch and water, non-messy, non-staining, plain water, plain granola bars, non-juicy fruit or smoothies, no chocolate. <u>PLEASE NO NUTS OR STRAWBERRIES! We ask that everyone be aware of this request, as we have dancers/staff with SEVERE allergies. This pertains to all days at the theater.</u>
- Dancers 3rd grade and older are required to wear deodorant
- Dancers should bring all items listed on the costume list document. All items need to be labeled with dancer's name
- **Hair** All dancers must come to the theater with your hair done. Girls: hair is in a neat, slick bun. Bring extra hair supplies, such as bobby pins, hair nets and hair rubber bands. Boys: hair should be neatly combed
- No nail polish, ink, or any other marks on skin, no jewelry of any kind, unless specified by directors
- Put costumes on in the dressing rooms, not the bathroom. No eating or drinking while in costume
- Please make sure performance shoes are clean and clearly labeled with your name
- Makeup will be worn for dress rehearsals for Jr. 5A-Senior dancers. No makeup will be worn for Elem. 1-Jr. 4 dancers
- How to do make up? Here is a video tutorial on MDT "basic face": https://www.youtube.com/watch?v=977DCKp7YMk
- Makeup: Jr. 5A, 5B, 5C & Senior Dancers You may apply your own makeup at the theater or come with your makeup done. If makeup is applied at home, please bring it with you for touch-ups.
- Makeup: Elementary 1 & 2, Juniors 1, 2, 3 & 4 Dancers Please come to the theater with your makeup applied. Your parent can assist you with this by following the video on how to apply MDT's "basic face" (see video link above). Please bring your makeup clearly marked in a Ziploc bag with your dancer's first and last name. This may be used to freshen up.

We recommend the following brands:

- Mascara: Maybelline Great Lash Waterproof Mascara-black
- Eye Shadow: Cover Girl 4 color palette color is Coffee Shop #260 (Coffee Shop is preferred) or Revlon
- Photoready color is Rustic #523. (Limited supply offered to purchase at MDT office of the Coffee Shop #260 eye shadow). Any of these eye shadows will work.
- **Blush:** Neutral tone blush (Maybelline 106 Light Mauve or Medium Pink or Cover Girl Cheekers 183 Natural Twinkle or Cover Girl Classic Color 590 Soft Mink) No hot pink tones
- Lip Stick: Neutral warm "raisin" colors. No bright red or hot pink. (Suggestions: Cover Girl Continuous Color 420 Iced Mauve, 030 It's Your Mauve, Rimmel 220 Dusty Rose, 230 Coral Garden, 240 Tower of Mauve, or Maybeline 660 Touch of Spice)
- **Foundation:** Maybelline FIT ME! Matte + Poreless Foundation medium shades 1.0oz OR any type that matches your dancer's skin tone
- **Pressed Powder:** Powder/Foundation that matches your skin color fair, light, medium. Cover Girl Advanced Radiance or Revlon Colorstay
- **Eye Liner:** Maybelline Eyestudio Master Precise All Day Liquid Eyeliner-black (*Eyeliner is optional for Elementary 1 & 2, Jr. 1, 2 & 3 dancers*)
- **Backstage** Walk quietly to the stage with the chaperone (Elem. 1 Jr. 3 dancers) when it is time to go backstage. Please be conscientious and listen to any directions you are given by the chaperones or the Stage Manager.